



1894 - 2021

PRESIDENT – ROBIN JOHNSON

53rd Annual 25 Miles Time Trial – Sunday 24 October 2021  
Course G25/49

**Event Secretary:** Robin Johnson 7 Gorselands, Billingshurst, West Sussex, RH14 9TT.  
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Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

**HQ**

**Loxwood Sports Association Pavilion**

Plaistow Road,  
Loxwood,  
West Sussex,  
RH14 0SX.

Open from 0900.

Plenty of free parking is available.

Thank you in advance for not wearing cycling shoes or cleats in the hall.

Numbers at HQ only, where please sign-on. After the event, please return your number and sign-out at the event HQ.

HQ to start: 1.99 miles                      Finish to HQ: 0.64 miles

Route to start: Left out of the car park to first T-junction where left, Foxbridge Lane, to the start.

ALL COMPETITORS: please be aware of Regulation 14 (i):

No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

## Please note the following CTT regulations and recommendations

**Helmets:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

**Competitors' Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

**Observers:** Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

**Results:** No times will be given out at the finish line.

**Race Numbers:** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



**Roundabouts:** Competitors must exercise extra care at all roundabouts.

**Start/Finish Areas:** Competitors must exercise extra care at the start and **ABSOLUTELY NO U-TURNS** in the vicinity of either start or finish.

## TIMEKEEPERS

Su Balcombe, (Brighton Excelsior CC)	Start
Paul Tunnell, (Addiscombe CC)	Finish

## EVENT RECORD

CHRIS McNAMARA	49:59	2020
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## COURSE RECORDS

MEN	Rupert Graham	52:54	2019
WOMEN	Sally Turner	1:02:15	2020
JUNIORS	Matthew Houlberg	58:05	2020
VETERANS	Chris McNamara	53:26	2020
ROAD BIKE	Paul Burton	55:43	2020

SPONSORS:

As usual, our very grateful thanks to all sponsors for their generosity in giving us a prize list of £1,529.

Please reciprocate by buying their products.

ULTIMATE SPORTS EQUIPMENT LTD.(U.S.E. Ltd.) For transforming the club's £250 into EXPOSURE lights, etc. value £1,174

MOUSEHOLD PRESS for 10 "I like Alf" books value £140

AEROCOACH for 2 £15 vouchers value £30

## SUPPORT THOSE WHO SUPPORT OUR SPORT

### *PRIZES : MENS "25"*

**Awarded to all starters:** Free drink and free food provided , but do make a free donation, please.....

CATEGORY	PRIZES	VALUE
T.T. BIKES' "25":		
<b>FIRST MAN</b>	U.S.E. EXPOSURE JOYSTICK front light, + MOUSEHOLD PRESS' book, "I like Alf",	£165 + £35
<b>2<sup>nd</sup> Man</b>	U.S.E. EXPOSURE LINK PLUS front light + MOUSEHOLD PRESS' book, "I like Alf",	£99 + £20
<b>3<sup>rd</sup> Man</b>	U.S.E. EXPOSURE LINK front light, + MOUSEHOLD PRESS' book, "I like Alf",	£84
<b>4<sup>th</sup> Man</b>	U.S.E. thermal jacket, + MOUSEHOLD PRESS' book, "I like Alf",	£74
<b>5<sup>th</sup> Man</b>	U.S.E. carbon extensions + a bottle of wine	£60
<b>6<sup>th</sup> Man</b>	U.S.E. jersey + MOUSEHOLD PRESS' book, "I like Alf",	£49
<b>FIRST WOMAN</b>	U.S.E. EXPOSURE JOYSTICK front light, + MOUSEHOLD PRESS' book, "I like Alf",	£165 + £35
<b>2<sup>nd</sup> Woman</b>	U.S.E. EXPOSURE LINK PLUS front light + MOUSEHOLD PRESS' book, "I like Alf",	£99 + £20

## ROAD BIKES' "25":

<b>FIRST MAN</b>	U.S.E. EXPOSURE LINK PLUS front light, + AeroCoach £15 voucher,	£100
2 <sup>nd</sup> Man	U.S.E. EXPOSURE LINK front light	£70
3 <sup>rd</sup> Man	U.S.E. jersey	£35
<b>FIRST WOMAN</b>	U.S.E. EXPOSURE LINK PLUS front light, + AeroCoach £15 voucher,	£100
OVERALL, both events count:		
<b>Fastest veteran age 40-44</b>	U.S.E. bottle + a bottle of wine	£13
<b>Fastest veteran age 45-49</b>	U.S.E. bottle + a bottle of wine	£13
<b>Fastest veteran age 50-54</b>	U.S.E. bottle + a bottle of wine	£13
<b>Fastest veteran age 55-59</b>	U.S.E. bottle + a bottle of wine	£13
<b>Fastest veteran age 60-64</b>	U.S.E. bottle + a bottle of wine	£13
<b>Fastest veteran age 65-70</b>	U.S.E. bottle + a bottle of wine	£13
<b>Fastest veteran age 70-74</b>	U.S.E. bottle + a bottle of wine	£13
<b>FIRST TEAM:</b>	MOUSEHOLD PRESS' book, "I like Alf" + a bottle of wine	£19 each
<b>Best Improvement since 1.1.2018</b>	U.S.E. thermal jacket + U.S.E. bottle + a bottle of wine	£73
<b>2<sup>nd</sup> best improvement since 1.1.2018</b>	U.S.E. carbon extensions	£55

## **PRIZES : TANDEM "25"**

**Awarded to all starters: Free drink and free food provided but please make a free donation.**

1<sup>st</sup> Tandem: 2 bottles of wine, value £10.

PRIZE PRESENTATION to be held as soon as possible after events.

Please stay to receive your awards/applaud the recipients.

LOTTERY will be held for 3 bottles of wine, each value £5.

Qualify by being a finisher and be present. First names out of the hat.

VERY GRATEFUL THANKS to all entrants as, without you, there are no events.

In the interests of rider safety and in addition to the compulsory rear light required under regulation 14 (i), the advisory use of suitable hard shell helmets in competition for competitors over 18 years of age, London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road.

T.T. BIKES' "25":

number	start	firstname	lastname	club	gender	category	age_on_day
1	10:01	Robin	Johnson	Brighton Mitre CC	Male	Veteran	73
2	10:02	Anita	Turner	Eastbourne Rovers CC	Female	Veteran	51
3	10:03	Peter	Owen	Norwood Paragon CC	Male	Veteran	60
4	10:04	Peter	Horsfield	Redmon CC	Male	Veteran	71
5	10:05	Adrian	Blacker	VTTA (Surrey/ Sussex)	Male	Veteran	57
6	10:06	Adam	Rogers	Eastbourne Rovers CC	Male	Veteran	46
7	10:07	Mike	Boyce	...a3crg	Male	Veteran	65
8	10:08	Mike	Anderson	CC Moncontour	Male	Veteran	63
9	10:09	Angela	Brown	JAM Cycling Race Team coached by BPC	Female	Veteran	41
10	10:10	Colin	McDermott	Festival Road Club	Male	Veteran	54
11	10:11	Richard	Gifford	trainSharp	Male	Veteran	58
12	10:12	James	Griffin	trainSharp	Male	Senior	34
13	10:13	Paul	Thatcher	Brighton Mitre CC	Male	Veteran	58
14	10:14	Matt	Woodhart	Team TMC	Male	Veteran	44
15	10:15	David	Shepherd	...a3crg	Male	Veteran	60
16	10:16	Jack	Smith	Brighton Mitre CC	Male	Senior	29
17	10:17	Stephen	Morgan	Tooting BC	Male	Veteran	53
18	10:18	Terry	Wilson	Chichester City Riders	Male	Senior	36
19	10:19	Donald	Parker	Brighton Mitre CC	Male	Veteran	72
20	10:20	Henrik	Persson	FTP (Fulfil The Potential) Racing	Male	Senior	38
21	10:21	Paul	Martin	NAUT Cycling	Male	Veteran	50
22	10:22	Christian	Yates	East Grinstead CC	Male	Veteran	58
23	10:23	Peter	Main	34 Nomads CC	Male	Veteran	56
24	10:24	John	Isard	Hampshire Road Club	Male	Veteran	69
25	10:25	Cris	Coxon	Brighton Mitre CC	Male	Veteran	44
26	10:26	Richard	Knight	CC London	Male	Veteran	55

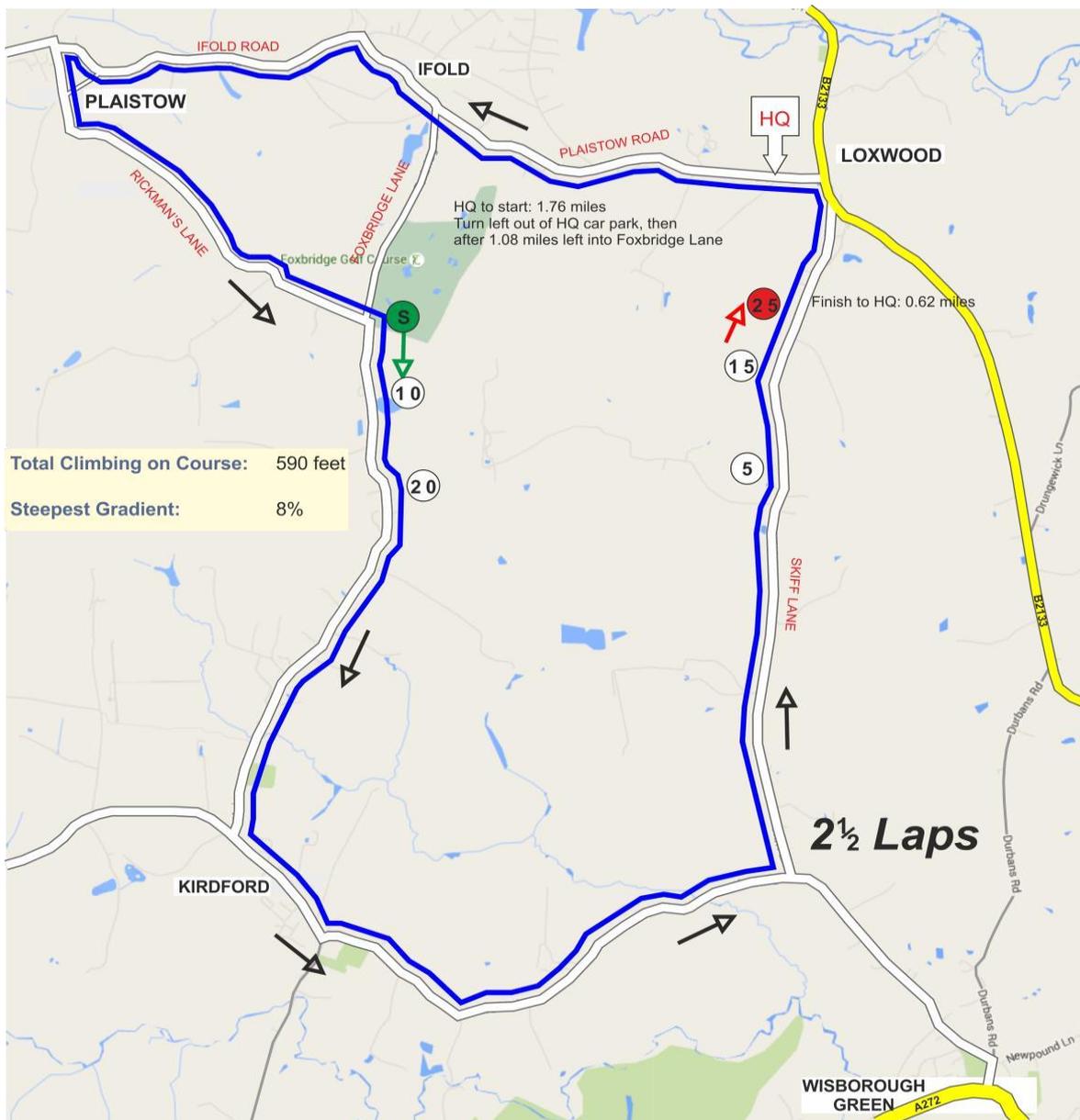
ROAD BIKES' "25":

number	start_time	te	firstname	lastname	club	gender	category	age_on_day
31	10:31		John	Marinko	Brighton Mitre CC	Male	Veteran	56
32	10:32		Paul	Barnard	Precise Performance RT	Male	Senior	36
33	10:33		Andy	Betts	Nuun-Sigma Sport-London RT	Male	Veteran	44
34	10:34		Frances	Stedman	Anerley BC	Female	Veteran	56
35	10:35		Stuart	Bettis	HuntBikeWheels.com	Male	Senior	37
36	10:36		Les	Liddiard	GS Vecchi	Male	Veteran	64
37	10:37		Mark	Wright	Velo Club Godalming & Haslemere	Male	Veteran	49
38	10:38		Robert	Lovett	Team TMC	Male	Senior	35

TANDEM "25":

number	start_time	firstname	lastname	club	gender	category	age_on_day
91	11.31	Adam	Rogers	Eastbourne Rovers CC	Male	Veteran	46
91	11.31	Anita	Turner	Eastbourne Rovers CC	Female	Veteran	51

MARSHALS	are only there to point the way. The decision to proceed or not is entirely yours. Obey the Highway Code, and the law of the land, please.
	DO NOT CROSS TO THE RIGHT-HAND SIDE OF THE ROAD ANYWHERE.



OS REF (TQ)	COURSE DIRECTIONS – G25/49	MILES	
019297	START at southern end of Foxbridge Lane, 5 yards from junction with Plaistow to Kirdford Road.	0.00	0.00
013271	Go LEFT at junction and proceed south to T-junction at western end of Kirdford.	1.70	1.70
018266	LEFT east through village to T-junction at eastern end of village.	0.42	2.12
040269	where LEFT to Skiff Lane.	1.58	3.70
041303	where north via Gunshot Common to junction with B2133	2.14	5.84
041304	where LEFT onto B2133 to junction with Plaistow Road, where LEFT into Plaistow Road	0.07	5.91
004310	Go west to Ifold continuing along Loxwood Road to T-junction in Plaistow	2.48	8.39
019297	where LEFT south along The Street, becoming Rickman's Lane, to complete the first circuit.	1.38	9.77
019297	Continue as before to complete a second circuit	9.77	19.54
040269	Continue as before through Kirdford to junction with Skiff Lane	3.70	23.24
039295	LEFT and follow Skiff Lane to FINISH north of Gunshot Common opposite tree with trunk marked with red lines, 0.13 miles north of wooden "Public Footpath" sign and 0.45 miles south of junction with B2133	1.76	25.00

## BRIGHTON MITRE '25' – PAST WINNERS

	Mens '25'		Ladies '25'		Juniors '25'		Tandem '25'	
1969	Cliff Sharp	59:35						
1970	Peter Crofts	59:59						
1971	Willi Moore	56:20	Gill Clapton	1:02:49				
1972	Dave Holliday	57:21	Beryl Burton	58:56				
1973	Mick Ballard	57:38	Gill Reynolds	1:08:42				
1974	Mick Ballard	59:50	Chris Goodfellow	1:08:33				
1975	John Patston	56:09	Gill Reynolds	1:08:28				
1976	Eddie Adkins	56:07	Sue Swetman	1:10:46				
1977	Eddie Adkins	54:22	Lorna Hanton	1:04:11				
1978	Sean Yates	55:19	Fran Browning	1:02:41	Mike Thorogood	59:01		
1979	Tim Stevens	55:16	Shirley Killingbeck	1:01:43	Mick Tanner	57:51		
1980	Tim Stevens	56:13	Fran Browning	1:06:46	Nick Gritton	59:37		
1981	Tim Stevens	54:13	Fran Browning	1:06:42	Nick Gritton	58:06		
1982	John Oakes	58:04	Sarah Thompson	1:07:16	Paul Reeves	1:00:31		
1983	Peter Cookson	59:05	Fran Browning	1:08:54	Mike Saunders	1:02:32		
1984	Ian Browning	55:15	Fran Browning	1:03:06	Baz Molloy	1:00:54		
1985	Tim Stevens	55:38	Sue Swetman	1:04:47	Paul Nathan	59:21		
1986	Terry Icke	55:55	Fran Browning Claire Newman	1:05:56	Kevin Penfold	58:27		
1987	Phil Headen	59:53	<i>(no starters)</i>		Stuart Collins	1:06:07		
1988	Tim Stevens	56:23	Sue Swetman	1:07:36	Simon Tully	1:02:08		
1989	Martin Palmer	57:46	Gill Reynolds	1:06:16	Ben Merricks	58:26		
1990	Tim Stevens	56:47	Gill Reynolds	1:06:06	Alex Beale	1:02:45		
1991	Peter Cookson	56:33	Gill Reynolds	1:05:49	Colin Toppin	59:27	Andy Smith Rick Holkham	53:35
1992	Eddie Adkins	53:30	Gill Reynolds	1:04:19	Barry Elcome	58:23	Andy Smith Rick Holkham	53:34
1993	Eddie Adkins	55:14	Gail Cheatle	1:08:55	Paul Rowden	1:04:38	Andy Smith Colin Toppin	54:38
1994	Bryan Taylor	53:13	Carole Gandy	1:02:02	Barry Elcome	57:09	Andy Smith Colin Toppin	53:39
1995	Dave Redding	53:32	Theresa Thompson	1:08:39	Steve Comben	59:10	Andy Smith Rob Allen	53:44
1996	Sean Yates	52:54	Jenny Derham	1:01:13	Alan Curtis	59:38	Ray Hughes Pauline Strong	55:12
1997	Sean Yates	50:27	Natacha Maes	1:02:39	Jacob Hall	1:02:38	Glenn Longland Neville Stroud	52:36
1998	Sean Yates	51:32	Natacha Maes	0:59:51	Max Rumball	58:02	Ian Dawson Ray Hughes	52:00
1999	Sean Yates	54:17	Natacha Maes	1:06:15	Liam Terry	1:11:23	Mark Jones John Limpus	53:42
2000	Richard Prebble	52:45	Natacha Maes	1:00:13	Glenn Hoy	57:18	Chris Birch Rowan Horner	50:59
2001	Richard Prebble Tim Stevens	53:24	Marina Bloom	1:04:51	Liam Terry	1:02:57	Mark Jones John Limpus	52:54

2002	Kevin Neary	56:19	Gill Reynolds	1:09:39	Daniel Frederick	1:05:20	Ray Hughes Ian Neville	53:53
2003	Dean Lubin	55:17	Carole Gandy	1:03:13	Daniel Frederick	1:09:03	Tristan Court Nick Harvey	54:22
2004	Sean Yates	54:40	Carole Gandy	1:02:41	<i>(no entries)</i>		John Limpus Jeremy Wootton	53:51
2005	Dave Dent	56:33	Margaret Duganski	1:11:08	Zaac Lane	1:21:11	Andrew Smith Dave Abbott	59:18
2006	Richard Prebble	53:20	Rebecca Romero	58:10	Mark Williams	1:15:32	Sean Yates Christian Yates	49:34
2007	Richard Prebble	54:07	Carole Gandy	1:07:16	<i>(no starters)</i>		Julian Gee Geoff Clinton	1:07:00
2008	Richard Prebble	56:24	Deborah Percival	1:11:32	Nick Smith	1:11:24	Julian Gee Geoff Clinton	1:05:11
2009	Ben Instone	53:04	Deborah Percival	1:08:59	Nick Smith	59:42	Peter Baker Thomas Baker	57:51
2010	Steve Dennis	53:04	Carole Gandy	1:03:43	Nick Smith	59:35	<i>(no starters)</i>	
2011	Steve Dennis	53:19	Deborah Percival	1:04:53	<i>(no starters)</i>		Peter Baker Thomas Baker	55:39
2012	Adam Topham	53:58	Deborah Percival	1:06:11	<i>(no starters)</i>		Jon Frost David Eccles	1:02:32
2013	Steve Dennis	56:30	Lizzy Brama	1:04:22	Arthur Venables	1:15:40	Lawrence Wintergold Damien Poulter	58:13
2014	Steve Dennis	54:06	Lizzy Brama	1:01:42	<i>(no starters)</i>		Lawrence Wintergold Damien Poulter	57:06
2015	Colin Ward	52:32	Sophie Coleman	58:43	Theo Yates	1:00:45	Jon Frost Kurt Godfrey-Evans	58:01
2016	Colin Ward	52:16	Ruth Summerford	1:01:08	Theo Yates	58:50	Jon Frost, Dave Abbott	1:01:16
2017	Pat Wright	52:06	Angela Carpenter	59:35	<i>(no entries)</i>		<i>(no entries)</i>	
2018	Kevin Tye	52:21	Eva Nyirenda	1:09:55	<i>(no entries)</i>		<i>(no entries)</i>	
2019	Pat Wright	52:24	Mel Wasley	1:00:02	Ali Platt	1:07:02	Mark Jones, Tony Reeves	55:26
2020	Chris McNamara	49:59	Claire Emons	1:00:12	<i>(no entries)</i>		<i>(no entries)</i>	
2021					<i>(no entries)</i>			

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